

**ADJUSTIVE TECHNIQUES TAUGHT AT CCE APPROVED COLLEGES BASED ON A
SURVEY CONDUCTED BY THE BOARD ANNUALLY*
(SUBJECT TO CHANGE)**

ADJUSTIVE TECHNIQUES
Activator
Applied Kinesiology
Atlas Orthogonal
Blair
ChiroBioPhysics
Cox-Flexion Distraction
Cranial
Diversified
Extravertebral
Extremity Adjusting
Full Spine Specific, I&II
Gonstead
Hio Knee Chest
Logan Basic
Mechanical Blocking
Palmer aka: NUCCA
Pelvic Blocking (SOT)
Pierce Stillwagon
Pro-Adjuster
Sacro-Occipital (SOT)
Thompson
Toggle Recoil
Upper Cervical

<u>Adjunctive Methods/Procedures General hours</u>
Active Release
B.E.S.T.
Bennett Reflexes
Gait Analysis
Graston
McKenzie Protocols
Motion Palpation
Myofasical Release
NIMMO
Post Neuromuscular Facilitation
Post-Isometric Relaxation
Posture Analysis
Soft Tissue
Spray & Stretch
Strain- Counterstrain
Transverse Friction Massage
Trigger Point

* Only the Adjustive Techniques will be approved for continuing education credit.